

Parents'

Tips for Testing

Every year, Oregon students in grades three through eight and in grade eleven take state tests in reading, writing and math. Students in grades five, eight and eleven also take a science test. Tests are given in the spring.

Reading, writing and math are tested by the Smarter Balanced Assessment (SBAC test). Science is tested by the Oregon Assessment of Knowledge and Skills (OAKS). The tests provide the state with information about how schools are doing in preparing students for college and career.

If you have questions about tests, please contact our school office. Thank you!



Tip #6: Sleep and eat

Students can take as much time as they need to complete most portions of the state tests. Students will need stamina and perseverance while taking the test.

To help fortify them for the task, please be sure your students get plenty of sleep and start the day with a healthy breakfast. This is important every day, and especially so during the testing window.

If you need information about breakfast or lunch service at our school, please call our school office or check our website for information.

Foodservice information can also be found on the district website at:

www.salemkeizer.org/parents/school-breakfast-lunch

Visit the Parents' Guide website for more information about helping your student succeed in school:

www.skgradguide.com

